



# COACHING SKILLS FOR THE NOVICE COACH

COACH AND PLAYER  
DEVELOPMENT



YORK REGION SOCCER  
ASSOCIATION-  
TECHNICAL DEPARTMENT

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This three hour course is designed to equip our beginner coaches with the tools required to plan and implement practice sessions that all our youngest players will benefit from, be challenged with and most importantly have fun doing.

Beginner coaches with little or no knowledge of coaching soccer are encouraged to participate to pick up skills and information that will allow them to have fun whilst coaching their players in the best environment possible for player learning and fun.

The course is delivered in 2 components, theoretical and practical. Using a classroom and a gymnasium or field. Maximum participation is 30, minimum is 10.

Cost per clinic is \$300. To book your clinic dates please contact [jmesa@yrsa.ca](mailto:jmesa@yrsa.ca).

Clubs will be invoiced directly for the clinic. Clubs will provide facilities.

For more info contact [rlennox@yrsa.ca](mailto:rlennox@yrsa.ca)