



To: OSA Board Members, OSA Staff, OSA District Administrators, Club Administrators and OSA Technical Advisory Committee

From: Alex Chiet – OSA Chief Technical Officer

Date: Thursday, September 08, 2011

Re: 2012 Coaching Transition

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Hi Everyone,

It's an exciting time for soccer and specifically Coach Education in Ontario. With the roll out of the CSA's Long Term Player Development (LTPD) the first new coaching courses will be delivered within Ontario in 2012.

The objective of this message is to pass on some basic information for hosts (Clubs and Districts) regarding the new coaching courses in 2012 to assist in your planning and also booking of facilities for next year. For booking purposes, I've included the names of the new coaching courses and the duration of each course.

More detailed information will follow within the next two months regarding, Learning Facilitator training, appointments, systems / processes and administration involved with the new learning opportunities, for our coaches.

Key points to note are:

- The OSA encourages clubs and districts to be proactive and promote the new learning opportunities amongst coaches within your clubs and district. This is especially the case with recreational (house league coaches) who have not previously taken coaching courses. Active Start is a 3.5 hr commitment and is a great introduction to coaching for coaches of 4 – 6 year old children.
- The requirement to coach a competitive team in 2012 within the new system will be:-
  - Youth aged competitive teams
  - Completion of the previous "Senior Diploma Award" (Child, youth and senior)
  - or
  - Completion of the new "Learning To Train" course.



Senior competitive teams

- Completion of the previous “Senior Diploma Award” (Child, youth and senior)  
or
  - Completion of the new “Active for Life” course
- The completion of the online “Respect in Soccer” will be a mandatory requirement for all competitive coaches in 2012 also, this will be passed in the December 2011 OSA Board Meeting.
  - The new courses will be very interactive and player-focused, with each course tailored to meet the needs of the player as they develop at different ages.

Below are two brief tables capturing the transition from old coaching courses to the new LTPD coaching courses:-

Old Course	New LTPD Courses
Community Child	Active Start, Fundamentals
Community Youth	Learning to Train
Community Senior	Active for Life

Course	Focus	Duration
<b>Active Start</b> (U4 – U6 Male and Female)	First Kicks Fundamental movement and play	3.5 Hours
<b>Fundamentals</b> (U6 – U9 Male, U6 - U8 Female)	Fun with the ball Fundamental movement and soccer skills	7 Hours
<b>Learning to Train</b> (U9 – U12 Male, U8-U11 Female)	Golden age of learning Development soccer skills and speed	14 Hours
<b>Active for Life</b> (12+ Male 11+ Female)	Competitive • Soccer for amateur achievement • Achieve personal best with intensive training Recreational • Soccer for health and fun • Soccer for fitness fun and social interaction	14 Hours

Kind Regards,

Alex Chiet  
OSA Chief Technical Officer